



Rustle, bustle and squeak

Gold and green challenge sheet

Gold, the colour of sunlight and daffodils, the colour of spring.
Green, in a hundred different shades, announcing summer.

After the dark days of winter, it is time to introduce some colour back into your unit meetings.

A special badge has been created to accompany this challenge sheet and is earned by completing one of the activities. The badge is available to buy from the region's online shop and can be added as a body segment to your Rustle, bustle and squeak caterpillar.



Activity

Bee count

Bees have bold yellow and black stripes to announce that they might sting, but not everything that looks like a bee, is a bee. Join in with the Friends of the Earth's annual bee count. You will find lots of information on the internet as well as a free app you can download to identify your furry flyers.



Activity

Green leaf boats

- Choose a piece of bark or a curved leaf to make the hull, or base, of your boat.
- Use mud to attach a straight twig to the hull. This is your mast.
- Carefully thread a leaf or two onto the mast to make your sail.
- Find a puddle or pond on which to sail your boat. How far does it go? Experiment! Try different sized hulls and types of leaves and see how much cargo your boat can carry!



Activity

The green man

There are a lot of myths and legends about spirits living in the woods. The green man is one of the most famous woodland spirits and is often shown as a mask made from leaves.

- Have a go at making your own green man using natural materials from the woodland floor.
- Make a face from mud and decorate it with leaves and seeds.
- Craft a giant face on the woodland floor.
- Make a life-size figure, or small faces, with twigs, leaves and seeds.

Activity

A tiny treasure hunt

How many natural treasures can you fit into an empty matchbox or raisin box? Squeeze as many bits and pieces as possible into your box and see who can collect the most. Concentrate your search on tiny treasures you only find on the ground, or that are only gold or green, or things which are a similar shape. What can you make from your tiny finds?

Activity

Natures Olympics (gold medals)

- Make an obstacle course around some trees – crawling under low branches, balancing on fallen trees, running around a large tree.
- Have a relay race using twigs as batons.
- Gather fallen pine cones and see who can throw them the furthest.
- Make your medals out of natural materials.

Activity

Super stick weaving

You will need a forked stick, or two sticks tied together at an angle. Wind some wool or string in a zig-zag from one side of the fork to the other. Now go for a walk and look for fallen leaves, winged seeds and smaller, bendy twigs which you can weave into your web to make a pattern.

