

Girlguiding South West England

Transition Resource Workbook



Contents

Rainbows to Brownies

Pages 3–6

Brownies to Guides

Pages 7–10

Guides to Rangers

Pages 11–14

Beyond Rangers...

Page 15

Guidance for Leaders

Page 16–19



Rainbows to Brownies

Congratulations on making it to the end of Rainbows!
It's now time to start thinking about your move up to
the next section, Brownies!

Work through the following activities to earn your
transition badge.



- 1) Use the space below to draw your favourite badge that you earnt as a Rainbow.

Rainbows to Brownies

2) Use the space below to draw your favourite memory as a Rainbow.



3) Take a look at your progress through the programme with your leader – choose one more UMA or Skills Builders that you would like to try before you move up.

Write below which activity you chose.

.....

Rainbows to Brownies

- 4) Have a look through the Brownie badge book.
Which badge do you think you will try first?

.....

.....

- 5) Brownies get up to all sorts of fun things!
Circle some that you are looking forward to the most.

Brownie
holiday



Baking



Sports



Investigating



Arts and crafts



Sleepovers



Rainbows to Brownies

6) Spend some time with the Brownies!

.....

.....

Well done – you have now completed all the activities and you're ready to move up to Brownies!

You can now start your collection of 'Next Steps' badges!



Brownies to Guides

Congratulations! You have made it to the end of Brownies and you are ready to take your next steps towards Guides.

Work through the following activities to earn your transition badge.



- 1) Use the space below to write or draw your favourite badge that you earnt as a Brownie.

Brownies to Guides

- 2) Use the space below to write or draw your favourite adventure you had as a Brownie.

- 3) Take a look at your progress through the programme. What do you need to complete your next section award?

.....

.....

.....

Brownies to Guides

4) Pick and run an activity with your Brownie unit.

.....

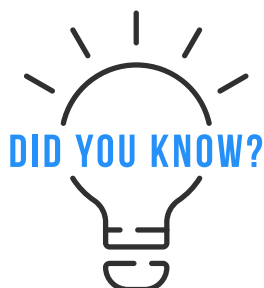
.....

.....

5) Have a look through the Guide badge book. Which badge interests you the most?

.....

.....



As well as interest badges at Guides, you can also work towards your Guide Camp Permit. This will boost your camping experience and leadership skills!



Brownies to Guides

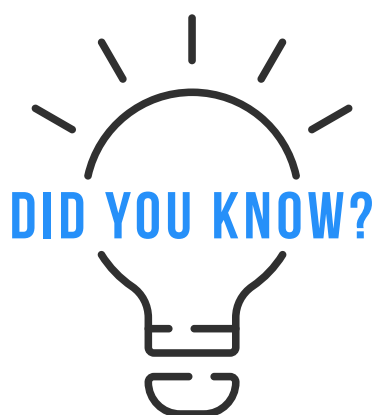
- 6) Spend some time with the Guides and get to know more about the unit you will be joining.

.....

.....

.....

.....



This doesn't have to mean goodbye to Rainbows and Brownies forever. As a Guide, you can volunteer as either a Rainbow or Brownie helper.

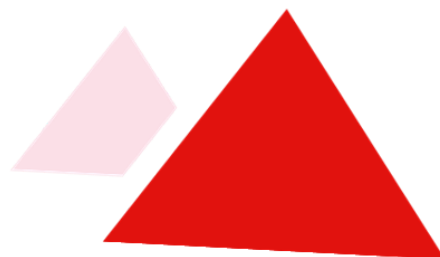
Volunteering for other sections and taking a wider part in Guiding can count towards bigger awards such as your Commonwealth Award and your Bronze Duke of Edinburgh.



Guides to Rangers

Congratulations! You have made it to the end of your time as a Guide and you are ready to take your next steps towards Rangers.

Work through the following activities to earn your transition badge.



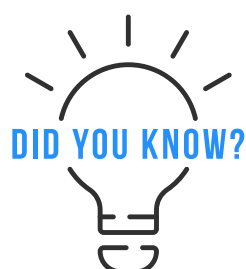
- 1) Have a think back over your time at Guides. Did you get to take part in any activities outside of the meeting place? What is your favourite memory?

.....

.....

.....

.....



As a Ranger, you can continue your Duke of Edinburgh journey, and from 16 you can start working towards your Queen's Guide Award.



Guides to Rangers

2) Which badge or permit are you most proud of and why?

.....

.....

.....

.....

3) Have a look at the tables below. Use these to track your progress through the Guide programme. How far away are you from your next award?

Fill in how many meetings' worth of UMAs you have completed.
Speak to your leader for guidance.

	Know Myself		Have Adventures
	Express Myself		Take Action
	Be Well		Skills For My Future

Which Skills Builders have you completed for each theme?

	Know Myself		Have Adventures
	Express Myself		Take Action
	Be Well		Skills For My Future

Which themes have you completed?

	Know Myself		Have Adventures
	Express Myself		Take Action
	Be Well		Skills For My Future



4) Lead an activity or evening with your Guide unit. Describe your planning process below.

.....

.....

.....

5) Looking forward, find out what Ranger units are available in your area and pay one a visit.

.....

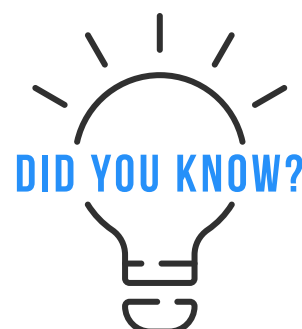
.....

6) Look up the Ranger badges online here, what will be the first one you do? www.girlguiding.org.uk/what-we-do/our-badges-and-activities/badge-finder/rangers-theme-awards/

.....



As well as Rangers, you can also become a Young Leader at another unit. To find out more, head to www.girlguiding.org.uk/globalassets/docs-and-resources/managing-volunteers/yl-welcome-leaflet.pdf.



Beyond Rangers...

Once you reach 18, your Girlguiding journey is far from over!

Below are just some examples of what you can become involved with beyond Rangers. Speak to your local commissioner to find out more about what opportunities are available.

Inspire 18–30

Each region has its own network of members aged 18–30. Get in touch with your local Inspire Co-Ordinator or visit the Girlguiding South West England website to find out more.



Going to university?

South West England has many universities within the region that have units close by. Staying in Guiding when moving away to university is a great way to make new connections quickly and help you settle into somewhere new!

Be sure to have a look at the Young Volunteers leaflet on the Girlguiding website for more information, or head to www.girlguiding.org.uk/get-involved/become-a-volunteer.



Guidance notes for leaders

Hello leaders,

Below are some guidance notes to help you use this resource and get the most out of it as a transition aid for our young members through each section. That being said, this is just guidance as you know your girls best, and they can complete this in a way that works best for them! Please note the numbers on the following pages refer to the numbered activity for that section.

The 'Next Steps' badge can be purchased at any stage, and the additional tabs are designed to demonstrate a girl's individual journey through Girlguiding.



Rainbows to Brownies

1) When drawing their favourite badges, this could be a picture of the badge itself – for example, they could copy one sewn onto their uniform – or this could be a drawing of them completing the activity they did to earn the badge.

3) To simplify this for Rainbows who you know are close to completing a theme, you could provide a selection of UMAs/Skill Builders they still need and have them choose out of those.

Alternatively, if the Rainbow is not far through the programme, have them choose an activity that may count towards their Pot of Gold.

4) If you do not have a Brownie badge book available at Rainbows, they could have a look at one when they visit a Brownie unit. Alternatively, here is a list of the Brownie interest badges and a link to the Girlguiding website where they can be viewed.

Archaeology, Aviation, Baking, Charities, Dancing, Grow Your Own, Inventing, Jobs, Languages, Local History, Mindfulness, My Rights, Painting, Performing, Space, Speaking Out, Zero Waste

www.girlguiding.org.uk/what-we-do/our-badges-and-activities/badge-finder

6) Spending time with the Brownies could be in any capacity, such as going to a unit meeting, attending a multi-section event etc.

Brownies to Guides

- 1) This doesn't necessarily need to be a programme badge. If they have done any challenge badges, nights away badges etc, it could be one of these.
 - 2) Have a discussion with your Brownie to jog their memory. This could be anything from going on a walk to having a sleepover.
 - 3) When looking through the programme, if they are not close to any themes or very far through the programme, try to see if you can encourage any interest badges to be completed.
 - 4) This could be something that will help them achieve their Gold award, or just a UMA to complete a theme. If choosing something non-programme related, it could be linked to a challenge badge.
 - 5) If you do not have a Guide badge book available, suggest that they could look at one when they visit a Guide unit.
- Alternatively, here is a list of the Guide interest badges and a link to the Girlguiding website where they can be viewed.

Aspirations, Backwoods Cooking, Be Prepared, Campaigning, Confectionary, Conscious Consumer, Craftivism, Fitness, Fixing, Geocaching, Guiding History, Human Rights, Investigating, Media Critic, Meditation, Mixology, Natural Remedies, Navigator, Personal Brand, Photography, Saver, Upcycling, Vlogging, Whittling

www.girlguiding.org.uk/what-we-do/our-badges-and-activities/badge-finder

- 6) Spending time with the Guides could be in any capacity, such as going along for an evening or at an organised multi-section event.

Guides to Rangers

- 1) Could be anything from a campfire to an international trip. Encourage a discussion on why this was their favourite memory.
- 2) Doesn't have to be a programme badge – have they taken part in any other schemes or awards such as Peer Education or the Commonwealth Award?
- 3) Discuss with the Guide the next steps to earn either the next theme or the next section award.
- 4) The girls could plan anything they wish, but as a leader you might notice this has the potential to link to a Skills Builder or UMA that others in the unit may benefit from.
- 5) Spending time with the Rangers could be in any capacity, such as a unit meeting or an organised multi-section event.

If there are no Ranger units in your local area, have a discussion about Lone Rangers and becoming a Young Leader.