



## Tracks & Trails Challenge Sheet

Our wildlife continues to rustle and bustle throughout the winter and this Challenge Sheet contains three activities which will encourage you to venture outdoors and explore what is happening, as well as providing you with some ideas for nature related indoor activities. As always, these can be adapted and enjoyed by a group as a six, patrol or unit, or by individuals working alone.

When you have completed one of the activities, you will have earned the special badge which has been created to accompany this Challenge Sheet. The badge can be added as a body segment to your Rustle, Bustle & Squeak Caterpillar, and is available to buy from the Region's online shop.



### Activity

#### Scavenger Hunt

Go on a Winter Walk and Enjoy a Scavenger Hunt.

Look for:

- Red berries on trees or bushes
- Pine cones
- Squirrel or other mammal
- A fallen tree
- A feather
- A deciduous (bare branches) and an evergreen tree (one with leaves all the year round)
- Fallen leaves
- A bird on a branch
- Animal tracks
- Cumulus or stratus clouds
- Water – moving or frozen
- Insects





## Activity

### Animal Tracks

Collect Animal Footprints.

- Fill an old baking tray with damp sand and smooth out the surface with a ruler
- Test the surface by seeing whether your fingers leave a mark
- Place hedgehog food, or a meaty cat or dog food in a low sided dish in the middle of the tray
- Leave the tray out overnight in a garden or outside your meeting place and check in the morning for footprints left by animal visitors

The RSPB's 'Kids and Schools' website gives easy to follow instructions on how to make plaster casts of animal tracks. You can also download a free poster displaying different animal tracks which can be seen in winter.



## Activity

### Paint a Butterfly

Remind yourself of summer by making a butterfly painting.

- Fold a piece of sugar paper in half, side to side, and open it out
- Using water-based paints, paint the shape of one set of butterfly wings on one half of the paper
- Re-fold the paper following the original crease line and press it down
- Open out the paper and add more colours to one side, then re-fold and press
- When the butterfly wings are dry, add a body and antennae with a marker pen



Girlguiding South West England,  
St Ann's Manor, 6-8 St Ann St,  
Salisbury, Wiltshire, SP1 2DN  
01722 329306

[swehq@ggswe.org.uk](mailto:swehq@ggswe.org.uk)

[www.girlguidingsouthwest.org.uk](http://www.girlguidingsouthwest.org.uk)