



Rainbow Challenge Now and Then in 2010

1. Find one of the oldest and the newest buildings in your local area, then try to visit them.
2. Thread 100 edible things to make a necklace, [marshmallows/cheerios/pasta]
3. Find out about at least 2 leading women in the last 100 years.
4. Which types of games were played over the last 100 years? Find out and see how they are different.
5. Run 100 lengths or widths of your hall as a relay. Use a trefoil as a baton.
6. Find an old camp blanket and work out what the badges were for.
7. Find out what sort of greeting cards were sent in 1910 and try to make one.*
8. Collect 100 coins each and pick a local charity to send it to.*
9. Find out how to say a hundred in different languages.*
10. Add up your rainbows' ages, how close to 100 is it?
11. Find some old Guiding songs and sing them.
12. Hold a Guiding fashion show through the years.*
13. Can you fit 100 balloons into your leader's car?
14. Make a paper chain with 100 links.
15. Make a recipe from 1910.*

* Find ideas on the Rainbow section at www.girlguiding-southwestengland.org.uk

