

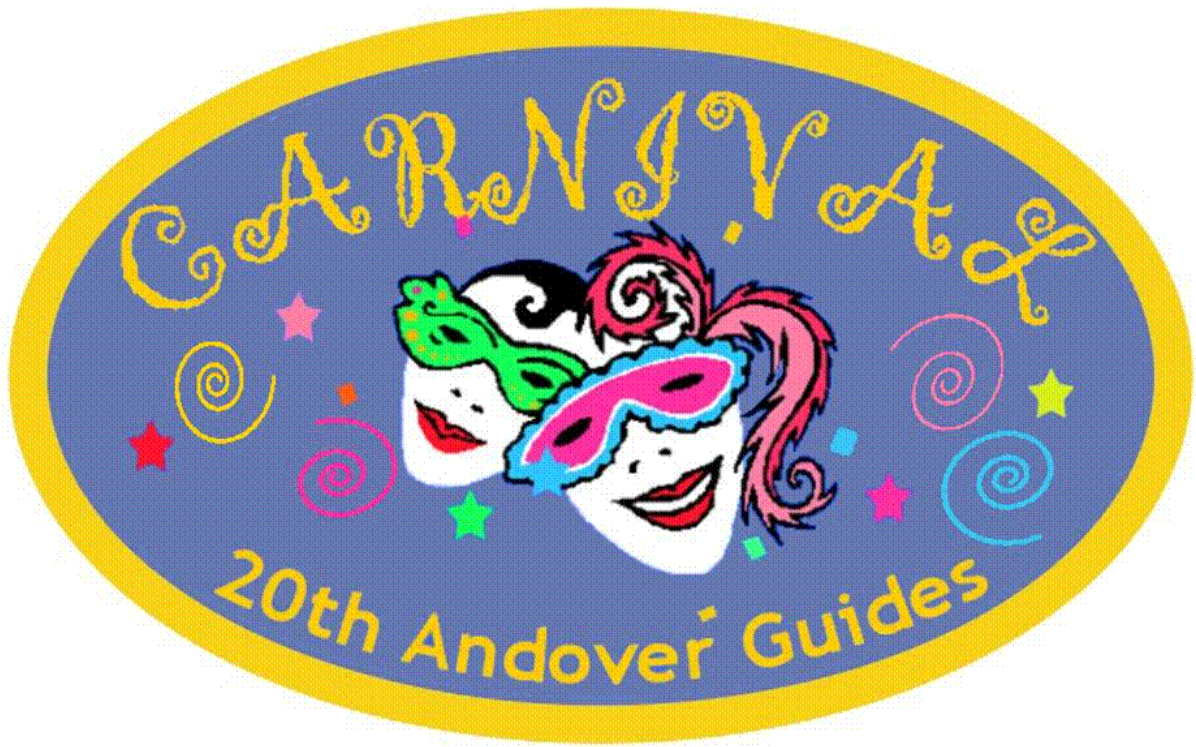


Girlguiding

20<sup>th</sup> Andover Guides

*girls in the lead*

# CARNIVAL



20<sup>th</sup> Andover Guides  
Andover Division, Hampshire North





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# Carnival Badge

20<sup>th</sup> Andover Guides are busy fundraising to help cover some of the costs for trips and activities for our unit in 2012 and to go towards travel costs for our unit to attend our County Camp in 2013. We have therefore designed this fun activity pack which is suitable for use by all sections to earn a fantastic badge at the end.

We have split the resource into three sections **Costume, Dance & Music and Food & Drink**. For those of you who really get into the Carnival vibe there are “take it further” activities in each section. There are plenty of activities in each section which include craft, cooking, making, performing and doing & we hope you enjoy these activities as much as we have.

In each section we have made activity suggestions for each section and these are indicated with the section badges     with Senior Section activities also being suitable for adults! However, there are no strict rules - if you like the sound of an activity have a go! We would suggest to earn the badge you do the following number of activities to gain the badge:

 **Rainbows &**  **Brownies**  
2 activities from each section (6 activities in total)

 **Guides &**  **Senior Section/Adults**  
3 activities from each section (9 activities in total)

You could work towards the badge during your weekly meetings, or perhaps you could plan a Carnival themed residential event. Alternatively you could obtain the badge by taking part in a special event, such as a local carnival.

All the activities in this resource are a suggestion, but please use common sense when implementing them and most importantly, please remember to follow all Girlguiding UK rules/regulations at all times when planning and completing any events and activities.

All photographic images used in this resource were obtained from [www.creativecommons.org](http://www.creativecommons.org) and have a creative commons licence.

# Useful Information

## Helpful Websites:

Notting Hill Carnival - [www.thenottinghillcarnival.com](http://www.thenottinghillcarnival.com)

Rio Carnival - [www.rio-carnival.net](http://www.rio-carnival.net)

New Orleans Mardi Gras - [www.mardigrasneworleans.com](http://www.mardigrasneworleans.com)

Venice Carnival - [www.venice-carnival-italy.com](http://www.venice-carnival-italy.com)

Auckland International Carnival - [www.aucklandinternationalcarnival.co.nz](http://www.aucklandinternationalcarnival.co.nz)

## History of Carnivals:

Carnival celebrations were believed to stem from Pagan rituals, but are now traditionally linked with the Catholic faith. The carnival season occurs before lent with the main celebration events held in February (although now many carnivals are celebrated throughout the year).

A Carnival is normally an event which involves public celebrations and street parties alongside parades and organised events.





People often dress up for carnivals in masks and elaborate colourful costumes based on the circus. Famous international and large scale carnivals include Notting Hill Carnival (London, UK), Rio Carnival (Rio de Janeiro, Brazil), Venice Carnival (Venice, Italy) and the New Orleans Mardi Gras (in Louisiana, USA).

In the UK it is also traditional for towns and cities to hold carnivals which are less like the elaborate international festivals. These are typically centered around fundraising, but with the same emphasis on community spirit with groups and organisations decorating lorry floats, or forming walking parades on a theme and the crowds lining the route will throw change onto the floats and into buckets carried by the walkers. These are more similar to the pageant parades held across the USA, commonly to commemorate Thanksgiving. One of the largest Thanksgiving Parades in the USA is held in Detroit, Michigan - <http://www.theparade.org/thanks.php>

In some Asian cultures, they celebrate with Festivals of Light, or Lantern Festivals - where it is traditional to release sky lanterns. We have not included any activities around these celebrations in our resource due to activity guidance in the Guiding manual - [http://guidingmanual.guk.org.uk/activities/additional\\_information/sky\\_lanterns\\_helium\\_balloons.aspx](http://guidingmanual.guk.org.uk/activities/additional_information/sky_lanterns_helium_balloons.aspx)







# COSTUME

## Head Wear

-  Make a feather plume headdress. Attach feathers to a hair band so you can wear it easily.
-  Make a head dress using a variety of materials. Try attaching them to hair slides, bands and combs to help fix them in your hair.
-   Make an elaborate head dress using a variety of materials, including feathers, fabrics, wire, card and paper. See how high you can make it and how creative you can be with decorating it. Challenge your friends to see who can make the tallest head dress.



## Banners & Flags

-     Use white pillow case to make a simple banner/flag. Decorate it using fabric pens and paints. You can fix it on a stick to wave in your own procession – and then use it on your bed afterwards!
-  Using coloured material and fabric glue make a material collage banner. Try using rip-stop nylon (kite material) for a lightweight and bright coloured finish.
-  Put you sewing skills to the test and try and make a banner without using fabric glue. Perhaps design something a little bit different with 3D effects, padded elements or something other than a standard rectangular banner.

## Take it further...









-     *Why don't you host your own carnival and invite family, friends or another unit to join you. You could put on your own procession and showcase all the wonderful outfits and accessories you have designed and made.*







## Masks

-     Make your own masquerade mask, remembering to make it bright at colourful! Coordinate with your theme and outfits.

## Clothes

-     Dress each other up in outfits made by using coloured carrier bags - remember to have lots of sellotape to hand!
-   Make colourful carnival outfits by fabric gluing coloured material onto an old t-shirt.
-   Turn old clothes into carnival outfits. Why not check out your local charity shop to pick up bargain evening wear which can be cut, reshaped and altered.

## Carnival Animals



-     In your unit research Chinese dragons that are used in processions. Have a go at making one as a group.  
  
Alternatively, why not make a dragon (or another animal of choice) in smaller groups (such as Sixes or Patrols) and have your own animal procession.

## Face Painting





-     Have a go at painting your faces using bright colours, shapes and patterns.

# DANCE & MUSIC

## Drumming

  Play the “rhythm game” (see appendix for instructions)

    Take part in a drumming workshop.

    Make a drum and play it (see appendix for drum making instructions).



## Dance





Find some carnival music (e.g. steel drums) and have a good dance to it - check out [www.thenottinghillcarnival.com/music.html](http://www.thenottinghillcarnival.com/music.html) for inspiration.

Try walking and dancing at the same time as if you were in a carnival procession, or have a disco/unit party on a carnival theme.

## Shaking

  Make a shaking instrument - lentils or split peas in a drinks bottle make an excellent shaker. Experiment with different fillings to make different noises.

  Try making a more authentic hollow clay shaker. Once hardened paint it with bright colours.

## Music



Find some carnival music (e.g. steel drums) [www.thenottinghillcarnival.com/music.html](http://www.thenottinghillcarnival.com/music.html) for inspiration.

Use instruments (or make some of your own) to complement the music to form your own Carnival Band!



## Take it further...



*Why don't you host your own carnival and invite family, friends or another unit to join you. You could show off all the music and dance skills you have learnt.*

# FOOD & DRINK

## Carnival Biscuits



Make & bake some colourful carnival biscuits (see recipes in appendix).



## Caribbean Fruit Punch



Why not try a nice refreshing Caribbean Fruit Punch? Check out the recipes in the appendix, or using traditional Caribbean ingredients design your own non-alcoholic punch?

## A taste of Notting Hill



Try out some traditional Caribbean food. Check out the Notting Hill Carnival website for some recipe ideas:  
<http://www.thenottinghillcarnival.com/food.html>

Don't fancy cooking from scratch? Why not visit your local supermarket and check our ready made Caribbean food...



## Fritule (Croatian Fritters)



Fritule are traditional carnival pastries. There are two different recipes in the appendix (one traditional and one with a modern twist), have a go at making and tasting them



As the fritule need to be cooked in hot oil, it might be more appropriate to make them in advance and allow younger just to taste them.

## Caribbean Fruit Cocktail



Source some exotic fruits, that come from the islands of the Caribbean. Make a tasty fruit cocktail for everyone to enjoy.



## Take it further...



Why don't you host your own carnival themed feast? Challenge groups/sixes/patrols to bring in an item of international carnival food to share?

## Non-alcoholic cocktails

These recipes are taken from the Girlguiding UK Island Café resource

<http://downloads.girlguiding.org.uk/downloads/ctw/branches/Island%20cafe%20book.pdf>

### Pink Flamingo

Serves 4

#### You need

- 100ml pineapple juice
- 2 scoops of ice cream
- 1 tin of strawberries

Blend the strawberries until smooth. Add the other ingredients and whizz for a few seconds.

### Jungle Kooler

Serves 4–6

#### You need

- 100ml pineapple juice
- 25ml passion fruit juice
- 25ml orange juice
- splash of cola
- ice cubes

Mix the drinks and pour into a glass filled with ice.

### Tropical Sunset

Serves 6–8

#### You need

- 100ml coconut cream
- 500ml pineapple juice
- 100ml grapefruit juice
- ice
- chopped pineapple
- chopped banana

Mix together the coconut cream, pineapple juice and grapefruit juice. Serve with ice and skewers threaded with chunks of pineapple and banana.

### Calypso Punch

#### You need

- ice cubes
- orange and lemon slices
- equal quantities of orange juice, pineapple juice, grapefruit juice and ginger beer

Put the ice cubes and fruit slices in the bottom of a bowl. Pour in the juices and ginger beer. Give the punch a good stir and serve with a ladle.

## Traditional Fritule/Croatian Fritter Recipe

### Ingredients:

- 1 packet of active dry yeast
- 1 teaspoon of sugar
- 8 cups of plain flour
- 1 teaspoon of salt
- 1 cup of raisins
- ½ cup of chopped walnuts
- 1 apple, grated
- 2 teaspoons of lemon zest
- 3-4 cups of room temperature water
- Granulated sugar
- Cooking oil

### Method:

1. Proof the yeast by dissolving it in 1 teaspoon of sugar in 1 cup of warm water. When it foams pour into a large bowl and add the flour, salt, raisins, walnuts, apple and lemon zest mixing well. Add water gradually (no more than 4 cups in total) achieve a cake batter consistency. Cover with cling film and leave to rise for about an hour (until it has doubled in size)
2. Put the oil into a heavy bottomed pan (the oil should cover the bottom of the pan and be about ½ inch thick. When the oil is really hot carefully drop tablespoons of batter into the oil (don't overcrowd the pan). Fry until each fritter is golden on the bottom and turn to cook the other side. Remove from the pan once cooked onto paper towel to let it drain.
3. Sprinkle the fritule with granulated sugar whilst hot

## Modern Fritule Recipe

### Ingredients:

- 250ml yogurt
- 2 eggs
- 3 teaspoons of baking powder
- Pinch of salt
- 3-4 tablespoons of sugar
- Raisins (according to taste)
- 10 tablespoons of plain flour
- 1 sachet of vanilla sugar  
(or add a few drops of vanilla essence)
- 2 apples, grated
- Vegetable oil
- Icing sugar

### Method:

1. Mix everything together thoroughly.
2. Pour enough vegetable oil into the pan so when you add your fritule they won't touch the bottom, and heat until the oil is very hot (but not boiling/burning).
3. Add a teaspoon of dough mix to the pan and fry until it is golden brown (don't overcrowd the pan so they stick together).
4. Once cooked put the fritule onto paper towel to absorb excess oil.
5. Sprinkle with icing sugar and serve warm.

## Colourful Carnival Biscuits

*This recipe makes approx. 30 biscuits*

### Ingredients

#### For the biscuits:

- 100g (4oz) Icing Sugar
- 150g (6oz) Soft Margarine
- 2 yolks from large eggs
- Vanilla Essence
- 300g (10oz) Plain Flour
- Cling Film
- Cookie Cutters  
(or you can cut your own shapes)
- Greased Baking Trays

#### For the decoration:

- 2 egg yolks
- Food colouring

### Top Tip!

Add some edible cake decorating glitter to the decorating egg mix for an extra special effect!

### Method:

1. Sift the icing sugar into a large bowl. Add the margarine and mix until smooth.
2. Add the two large egg yolks and then stir in a few drops of vanilla essence to taste, stirring well.
3. Sift the flour into the mixture and mix until you get a nice smooth dough. Wrap the dough in cling film and put it in the freezer.
4. Put the 2 egg yolks for the decoration in a bowl and beat with a fork once mixed split out onto several saucers and using food colouring dye each saucer a different colour.
5. Take the dough out of the freezer (it needs to be in there about 10 minutes to cool), and roll half of it out on a floury surface until it is about a centimetre thick. Cut out shapes using cookie cutters, or cut your own with a knife. Carefully put the shapes onto the baking trays.
6. Using a clean (or brand new) paintbrush, paint patterns onto the biscuits using the coloured egg mixes.
7. Bake the biscuits in the oven on 180°c/350°f for 10-12 minutes until they are just turning golden brown.

## Celebration Shortbread

*This recipe makes approx. 12 biscuits*

### Ingredients:

- 200g (8oz) Butter (softened)
- 100g (4oz) Icing Sugar
- 200g (8oz) Plain Flour
- 100g (4oz) Cornflour
- Coloured Sugar Strands

### Top Tip!

You could also use glittery cake decoration flakes or smarties instead of coloured sugar strands.

### Method:

1. Cream the icing sugar and butter in a bowl.
2. Sift the cornflour and plain flour and add to the creamed mix. Mix together with a spoon and lightly kneed on a board to bring the mix together.
3. Shape into a long sausage, wrap in cling film and put in the fridge for 15-20 minutes to chill.
4. After it has cooled either roll the mix out to ¼ inch thick with a rolling pin and use cookie cutters to make shapes, or cut the roll into ¼ inch thick discs.
5. Place on a lightly greased baking tray and sprinkle generously with coloured sugar strands.
6. Bake the biscuits in the oven on 180°c/350°f for 15-20 minutes until they are just turning golden brown and the sugar strands have slightly melted.

## Masquerade and Mardi Gras Mask Templates

Check out [http://www.firstpalette.com/tool\\_box/printables/masquerademask.html](http://www.firstpalette.com/tool_box/printables/masquerademask.html) where you can download and print three different mask templates.

## Rhythm Games

### ***Version 1 - Follow the Rhythm Leader***

Sit in a circle, with one person selected to be the leader. They clap different rhythms (i.e. hand clapping, tapping knees, tapping floor etc...) with everyone else in the circle copying them as they change rhythm type.

### ***Version 2 - Follow the Circle***

Sit in a circle, with one person selected to be the leader. They clap different rhythms (i.e. hand clapping, tapping knees, tapping floor etc...) with everyone else in the circle copying them. When they change to a new rhythm/tapping style the person to their right copies first, then the person to their right copies them and so forth until the new rhythm/tapping style has gone the whole way around the circle. To make it more complex, the leader can send new rhythms/tapping styles around quickly - before the first one has got round to the person on the left of the leader. This can be crazy as it can end up with three or four going around at any one time!

### ***Version 3 - Who's the Leader?***

Sit in a circle, with one person selected to be the leader. They clap different rhythms (i.e. hand clapping, tapping knees, tapping floor etc...) with everyone else in the circle copying them as they change rhythm type. One member of the group is sent out of the room before the leader is chosen, and they return when the clapping begins. Standing in the middle of the circle can they discover who the leader is? Swap around so everyone gets the chance to be the leader or the detective sent from the room.

## Flower Pot Drums

***You need: an old (clean) plastic flower pot and a reel of brown parcel tape***

Using the parcel tape make a drum skin over the top of the flower pot (sticking the tape in a X shape and then add two more strips of tape to create a ✱ shape before finally overlaying tape to close any gaps left works well). It is important to use long strips of tape that overlap the side of the flowerpot by a couple of inches. Once the skin is complete, add one long strip of tape around the side of the flowerpot (just under the rim). Your drum is now ready to play. You can make several using different sized flower pots to make different sounds and tape them together like bongos. Hold them gently between your knees to play them.

# CARNIVAL

## Badge Order Form

Unit Name:

County/Island:

Please our send badges to:

Name:

Address:

Postcode:

Email Address:

Telephone Number:

We would like \_\_\_\_\_ badges @ £1 each = £

+ postage charge (as below) = £

Total amount enclosed = £

### Postage charges

- £0.50 1 - 10 badges
- £1.00 11 - 20 badges
- £2.50 31 - 49 badges
- £3.00 50 - 75 badges

Please email [20thag@gmail.com](mailto:20thag@gmail.com) if you would like to order more than 75 badges.

Please post this order form with a cheque payable to '20<sup>th</sup> Andover Guides' to:

20<sup>th</sup> Andover Guides - Carnival Badge  
7 Hillside Cottages  
Upton  
Nr Andover  
Hampshire  
SP11 0JH

*Badges will be available until July 2013 and subject to stock will be sent within 28 days of receipt of this form and payment. 20<sup>th</sup> Andover Guides cannot be held responsible for any loss or damage caused whilst they are in the post.*

### FOR OUR USE:

Order Received:

Ref No.

Order Despatched: